

**GOVERNMENT OF NAGALAND
DIRECTORATE OF HEALTH AND FAMILY WELFARE
NAGALAND : KOHIMA**

NO. DHFW/COVID-19/2019-20/ 1570-75

Dated Kohima, the 5th June, 2020

To

The CMO / MS of all COVID Hospitals

Subject: **Revised discharge policy for COVID-19 confirmed cases, Nagaland**

Sir/Madam,

Please find herewith the State's '*Revised discharge policy for COVID-19 confirmed cases*'. This is for your reference and implementation with immediate effect.

Yours faithfully


(DR. VIZOLIE Z. SUOKHRIE)

Principal Director
Directorate of Health and Family Welfare
Nagaland : Kohima

NO. DHFW/COVID-19/2019-20/ 1570-75

Dated Kohima, the 5th June, 2020

Copy to:

1. The Deputy Secretary to the Chief Secretary, Government of Nagaland for information
2. The Home Commissioner, Government of Nagaland for information
3. The Commissioner and Secretary to the Government, Health and Family Welfare Department for information
4. The State Surveillance Unit, IDSP, Nagaland for information
5. The District Surveillance Unit, IDSP of all districts for information and necessary action
6. Guard File / Office copy


(DR. VIZOLIE Z. SUOKHRIE)

Principal Director
Directorate of Health and Family Welfare
Nagaland : Kohima

REVISED DISCHARGE POLICY FOR COVID-19 CONFIRMED CASES

The discharge policy of COVID-19 confirmed cases for the state of Nagaland is revised and given below:

1. Asymptomatic cases:

The asymptomatic cases are admitted in the COVID Care Centre (or other COVID facility as identified).

- a) If the patient remains asymptomatic, he/she will be re-tested on the 14th day, counting from the day of the sample collection of the first test.
- b) If the re-test result is negative, the patient will be discharged with advice for home quarantine for 14 days.


2. Symptomatic cases:

The symptomatic cases are admitted in the COVID Hospital.

- a) If the patient clinically recovers early in the COVID hospital, he/she will be shifted to the COVID Care Centre. The patient will be retested on the 14th day from the date of the first sample collection. If the re-test is negative and the patient had been asymptomatic at least for the last 3 days, he/she will be discharged with advice for home quarantine for 14 days.
- a) If the patient does not recover within 14 days since the first sample collection date, he/she will continue to be treated in the COVID hospital without re-test. When the patient recovers clinically, only then he/she will be subject to re-test. If the re-test result is negative, he/she will be discharged with advice for home quarantine for 14 days.
- b) If the patient in COVID hospital has clinically recovered but still tests positive during re-test, he/she will be shifted to COVID Care Centre. The testing will be repeated with a gap of 5 days between each re-test. The patient will be discharged when a test shows negative result, with advice for home quarantine for 14 days.

NB:

- During discharge, advice on wearing mask, social distancing, hand hygiene, and respiratory etiquette will be given.
- After discharge, if patient develops symptoms of fever, cough or breathing difficulty, he/she will call the State helpline 18003450019 or contact local health authority. His/her health will again be followed up.


(DR. VIZOLIE Z. SUOKHRIE)
Principal Director
Directorate of Health and Family Welfare
Nagaland : Kohima