

GOVERNMENT OF NAGALAND
DIRECTORATE OF HEALTH & FAMILY WELFARE
NAGALAND::KOHIMA

No: DHFW/COVID-19/2019-20/1265-71

Dated Kohima, the 13th May 2020

To,

The Chief Secretary to the Government of Nagaland
Nagaland::Kohima.

**Sub: REVISED SOP FOR MANAGEMENT OF TRAVELERS, PATIENTS AND
THEIR ATTENDANTS FROM OUTSIDE THE STATE.**

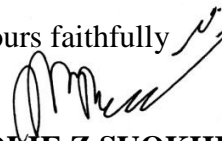
Sir,

On the subject cited above, please find herewith the revised SOP for management of travellers, patients and their attendants coming from outside the State.

1. The Points of Entry will be as per the Government policy.
2. The expansion of the Observation Centres / Quarantine Facilities will be subject to the number of returnees and available capacity. In the event of saturation of the available facilities, the follow up plan (as included in the SOP enclosed) for people who have single room with separate toilet in their homes for quarantine with strict monitoring, may be explored.

The enclosed SOPs are subject to change with the emerging situation of restrictions in the country.

Yours faithfully



(DR. VIZOLIE Z SUOKHRIE)

Principal Director
Directorate of Health & Family Welfare
Nagaland::Kohima

No: DHFW/COVID-19/2019-20/

Dated Kohima, theth May 2020

Copy To:

1. The Commissioner & Secretary to Governor of Nagaland, Kohima information.
2. The Addl Chief Secretary to Chief Minister, Nagaland, Kohima for information.
3. The Sr. P.S to Minister Health & Family Welfare, Nagaland, Kohima for information.
4. The Deputy Secretary to Chief Secretary, Nagaland, Kohima for information.
5. The Chairman, Empowered Group on COVID-19, Nagaland for information (cegnaland@gmail.com)
6. The Principal Secretary and Home Commissioner, Government of Nagaland, Kohima for information.
7. The Principal Secretary to the Govt of Nagaland, Health & Family Welfare Department for information.
8. Guard file/ Office copy.



(DR. VIZOLIE Z SUOKHRIE)

Principal Director
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HEALTH SECTOR PLAN FOR MANAGEMENT OF IN-BOUND TRAVELERS FROM OUTSIDE THE STATE

(Revised on 13.05.2020)

CHAPTER: 1

MANDATORY UNDERTAKING & REGISTRATION BY TRAVELLERS

1. Each inbound Traveler shall produce an undertaking in the prescribed format, at the point of entry and also submit the same prior to the commencement of journey to the State COVID-19 War Room through email or WhatsApp.
2. Further, each Traveler shall also mandatorily register prior to journey in the “nCOVID-19 Nagaland Visitor’s App” and “Aarogya Setu App”.

NB:

nCOVID-19 Nagaland Visitor’s App:

- To download from PlayStore. For iOS users / others, call up the State Toll Free Helpline 1800 345 0019 for further instruction.
- Upon successful registration in the App, a unique ID number will be sent to the traveler by SMS from the server.
- All travelers will update their illness sign/ symptoms status twice daily by 10.00 AM and by 7.00 PM and shall be monitored for adherence to social distancing through geofencing through out quarantine period.

Aarogya Setu App:

- To download from PlayStore.
3. Travellers who do not have any phone may take the assistance of the COVID helpdesk on arrival at Observation Centre (Railway/Flight Travelers) or Point of Entry (By Road).
 4. For those requiring any technical support for on-boarding on to the app, or may call State toll free helpline **1800-345-0019** and select Option 3. Further, the helpdesk will also assist the traveler for filling the “undertaking form”.

CHAPTER: 2

PROTOCOL FOR MANAGEMENT OF PASSENGERS

Section- 1: TRAIN PASSENGERS ON ARRIVAL

1. All in-bound travellers by train will be considered as coming from Red Zone, if segregation of passenger into different compartments as per Red and Orange/ Green as per Government of India colour coding of districts/zones is breached/ not maintained during the journey.
2. All in-bound travellers by train (Current designated PoE: Dimapur) will be sent directly to the designated ‘Observation Centre’ at Agri Expo Site Dimapur for segregation into Dimapur centre (for passengers bound for Dimapur, Peren & Mon districts) and Kohima centre (for passengers bound for Kohima, Phek, Kiphire, Wokha, Mokokchung, Zunheboto, Tuensang & Longleng).



NB: Thermal screening will not be done at the Train Station. Instead proper screening & medical examination will be done at the 'Observation Centre'.

3. After segregation, passengers bound for Kohima 'Observation Centre' will be transported and upon arrival will be screened by Kohima Medical team. Similarly, Dimapur 'Observation Centre' bound passengers will be screened by Dimapur Medical team.

Section- 2: ROAD PASSENGERS ON ARRIVAL

1. Currently the designated Point of Entry/ Inter State Check Point for in-bound travellers by Road are: Dimapur (New Field and Dilai) and Kohima (Khuzama)
2. Passengers entering through Khuzama Inter State Check Point will be escorted to TB&CDH Khuzama.
3. Passengers entering through New Field and Dillai Inter State Check Points will be escorted to Agri Expo site Dimapur.

After segregation, passengers bound for Kohima 'Observation Centre' will be transported and upon arrival will be screened by Kohima Medical team. Similarly, Dimapur 'Observation Centre' bound passengers will be screened by Dimapur Medical team.

Section-3: EXEMPTION

1. The persons above the age of 60 years, children below age of 10 years and accompanying, pregnant women and accompanying spouses, unless symptomatic, shall be put under **home quarantine** under **active surveillance** for 14 days.

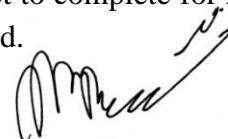
Section- 4: PASSENGERS FROM RED DISTRICTS/ZONES ON SCREENING

1. **Symptomatic cases** will be subject to testing as per ICMR testing criteria.
 - a. If tested **positive**, will be shifted to a COVID Hospital.
 - b. If tested **negative**, passengers will be transported to respective home districts to be kept in **facility quarantine** with **active surveillance** till completion of 14 days period.
2. **Asymptomatic cases** will be transported to the home district to be kept in **facility quarantine with active surveillance** till completion of the 14 days period.

NB: Passengers who are **medically unfit for travelling**, will be kept at Dimapur/ Kohima facility quarantine or Non-COVID Hospital as the case may be, to complete the 14 days period of **quarantine with active surveillance**.

Section- 5: PASSENGERS FROM ORANGE/GREEN DISTRICTS/ZONES ON SCREENING

1. **Symptomatic cases** will be subject to testing as per ICMR testing criteria.
 - a. If tested **positive**, will be shifted to a COVID Hospital.
 - b. If tested **negative**, passengers will be transported to respective home districts for completion of the 14 days period in **home quarantine** with active surveillance.
2. **Asymptomatic cases** will be transported to the home district to complete for **home quarantine with active surveillance** till completion of the 14 days period.

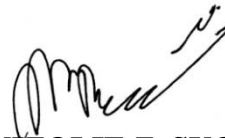


NB: Passengers who are **medically unfit for travelling**, will be kept at Dimapur/ Kohima facility quarantine or Non-COVID Hospital as the case may be, to complete the 14 days period of **quarantine with active surveillance**.

CHAPTER: 3

FOLLOW-UP PLAN IN THE EVENT OF SATURATION OF THE EXISTING QUARANTINE FACILITIES

1. When quarantine facility beds are exhausted, some can be sent to their own homes after 5 days of facility quarantine provided that there is provision for a single room with separate toilet at home under strict monitoring. This facility will be checked and verified by the administration or police and an undertaking will be signed.



(DR. VIZOLIE Z. SUOKHRIE)

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PLAN FOR MANAGEMENT OF PATIENTS & THEIR ATTENDANTS RETURNING HOME

CHAPTER: 1

MANDATORY UNDERTAKING & REGISTRATION BY PATIENTS & THEIR ATTENDANTS RETURNING HOME

1. Each inbound Traveler shall produce an undertaking in the prescribed format, at the point of entry and also submit the same prior to the commencement of journey to the State COVID-19 War Room through email or WhatsApp.
2. Further, each Traveler shall also mandatorily register prior to journey in the “nCOVID-19 Nagaland Visitor’s App” and “Aarogya Setu App”.

NB:

nCOVID-19 Nagaland Visitor’s App:

- To download from PlayStore. For iOS users / others, call up the State Toll Free Helpline 1800 345 0019 for further instruction.
- Upon successful registration in the App, a unique ID number will be sent to the traveler by SMS from the server.
- All travelers will update their illness sign/ symptoms status twice daily by 10.00 AM and by 7.00 PM and shall be monitored for adherence to social distancing through geofencing through out quarantine period.

Aarogya Setu App:

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3. Travellers who do not have any phone may take the assistance of the COVID helpdesk on arrival at Observation Centre (Railway/Flight Travelers) or Point of Entry (By Road).
 4. For those requiring any technical support for on-boarding on to the app, or may call State toll free helpline **1800-345-0019** and select Option 3. Further, the helpdesk will also assist the traveler for filling the “undertaking form”.

CHAPTER: 2

PROTOCOL FOR MANAGEMENT OF PATIENTS & THEIR ATTENDANTS RETURNING HOME

Section- 1: PATIENTS & THEIR ATTENDANTS ON ARRIVAL

1. Patients & their Attendants prior to Arrival shall report to the respective District Surveillance Officer. The contact number can be obtained by the State toll free helpline **1800-345-0019**.

Section- 2: EXEMPTION

1. The persons above the age of 60 years, children below age of 10 years and accompanying, pregnant women and accompanying spouses, unless symptomatic, shall be put under **home quarantine** or Non-COVID Hospital if hospitalization is required, under **active surveillance** for 14 days.

Section-3: PATIENTS FROM RED DISTRICT/AREAS

1. Patients from **Red areas** will not be allowed to travel unless (a) referred by the local health authority or (b) stranded (eg: already discharged from hospital etc).
2. They will be subject to mandatory Facility Quarantine for monitoring. Those patients requiring hospitalization will be kept in ‘Isolation Ward for suspected cases’ in the COVID Hospital till test result is made available.



3. Testing for COVID-19 will be based on the latest ICMR 'Strategy for COVID-19 testing in India'. Only those who fulfill the criteria will be subject to testing.
4. If tested **positive**, the case will be shifted to COVID Hospital.
5. If tested **negative**, then continue compulsory **Facility Quarantine** with **Active Surveillance** till completion of **14 days**. Those negative patients requiring hospitalization for other health conditions will continue the quarantine in Non-COVID Hospital.
6. Returning patients who do not fulfill the ICMR criteria for testing and do not require hospitalization will complete 14 days home quarantine with **Active Surveillance**. Patients suffering from other non-COVID illnesses who require continued hospitalization will continue quarantine in a non-COVID hospital.

Section- 2: PATIENTS FROM ORANGE/ GREEN DISTRICT/AREAS

1. Patients from **Orange district/areas** will be allowed to travel in provided he/she is discharged or referred by the local health authority.
2. Testing for COVID-19 will be based on the latest ICMR 'Strategy for COVID-19 testing in India'. Only those who fulfill the criteria will be subject to testing.
3. If tested **positive**, the patient will be shifted to COVID Hospital.
4. If tested **negative**:
 - a) Those who require continued hospitalization for other health conditions will be shifted to a non-COVID Hospital
 - b) Those who do not require hospitalization will continue **Home Quarantine** with **Active Surveillance** till completion of **14 days**.
5. Returning patients who do not fulfill the ICMR criteria for testing and do not require hospitalization will complete 14 days home quarantine with **Active Surveillance**. Patients suffering from other non-COVID illnesses who require continued hospitalization will continue quarantine in a non-COVID hospital.

Section- 4: PATIENTS' ATTENDANTS.

1. Patients' Attendants travelling with the patients will be treated as any travelers coming from outside the state or inter district or intra district (May refer to the other document 'Plan for Management of In-Bound Travelers').
2. No attendant will be allowed to visit any patients admitted in the COVID Hospital or COVID Care Centre or Facility (Institutional) Quarantine.
3. If any negative patient is admitted in the Isolation Ward, only one attendant per patient will be allowed at any given time.
4. In case the patient admitted in a hospital/quarantine facility is a child or physically challenged requiring constant support of attendant, one attendant may be allowed with the permission of the hospital/quarantine authority.



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