GOVERNMENT OF NAGALAND  
DIRECTORATE OF HEALTH & FAMILY WELFARE  
NAGALAND::KOHIMA  

No: DHFW/COVID-19/2019-20/  
Dated Kohima, the 6th May 2020  

ADVISORY  

In pursuance of the Government of Nagaland SOP for people entering Nagaland vide No. ACS/FC/COVID-19/2020/60 dated Kohima, the 14th May, 2020; please find herewith the medical advisory to be followed for travellers entering Nagaland. This advisory is subject to revision with the evolving situation of the pandemic.  

(DR. VIZOLIE Z SUOKHRIE)  
Principal Director  
Directorate of Health & Family Welfare  
Nagaland::Kohima  

No: DHFW/COVID-19/2019-20/  
Dated Kohima, the …………6th May 2020  

Copy To:  
1. The Commissioner & Secretary to Governor of Nagaland, Kohima information.  
2. The Addl Chief Secretary to Chief Minister, Nagaland, Kohima for information.  
4. The Deputy Secretary to Chief Secretary, Nagaland, Kohima for information.  
5. The Chairman, Empowered Group on COVID-19, Nagaland for information (cegnagaland@gmail.com)  
7. The Principal Secretary to the Govt of Nagaland, Health & Family Welfare Department for information.  
8. The Deputy Commissioner / Superintendent of Police / Chief Medical Officer / Medical Superintendent of all districts for information and necessary action.  

(DR. VIZOLIE Z SUOKHRIE)  
Principal Director  
Directorate of Health & Family Welfare  
Nagaland::Kohima
CHAPTER: 1

MANDATORY UNDERTAKING & REGISTRATION BY TRAVELLERS

1. Each Traveler shall also mandatorily register prior to journey in the “nCOVID-19 Nagaland Visitor’s App” and “Aarogya Setu App”.
   
   NB:
   
nCOVID-19 Nagaland Visitor’s App:
   - To download from PlayStore. For iOS users / others, call up the State Toll Free Helpline 1800 345 0019 for further instruction.
   - Travelers shall signed up in the App and submit self declaration on arrival, if not done already prior to the journey. ePass will be generated on successful submission of the self declaration.
   - All travelers will update their illness sign/ symptoms status twice daily by 10.00 AM and by 7.00 PM and shall be monitored for adherence to quarantine norms.

Aarogya Setu App:
- To download from Play Store and register.

2. Every screening centre shall have a designated personnel to assist travelers in on boarding the two apps, including registering travelers who do have an android smartphone

3. Those who require any technical support may also call State toll free helpline 1800-345-0019.

4. Further, the designated personnel shall also assist the travelers in filling up the prescribed self declaration undertaking enclosed at Annexure: 1

5. Every screening centre shall submit a daily report of travelers passing through the facility in the prescribed format enclosed at Annexure: 2

CHAPTER: 2

PROTOCOL FOR MANAGEMENT OF PASSENGERS

Section- 1: TRAIN PASSENGERS ON ARRIVAL

1. All in-bound travellers by train will be considered as coming from Red Zone, if segregation of passenger into different compartments as per Red and Orange/ Green as per Government of India colour coding of districts/zones is breached/ not maintained during the journey.

2. All in-bound travellers by train (Current designated PoE: Dimapur) will be sent directly to the designated ‘Observation Centre’ at Agri Expo Site Dimapur for segregation into Dimapur centre (for passengers bound for Dimapur, Peren & Mon districts) and Kohima centre (for passengers bound for Kohima, Phek, Kiphire, Wokha, Mokokchung, Zunheboto, Tuensang & Longleng).
   
   NB: Thermal screening will not be done at the Train Station. Instead proper screening & medical examination will be done at the ‘Observation Centre’. 

[Signature]
3. After segregation, passengers bound for Kohima ‘Observation Centre’ will be transported and upon arrival will be screened by Kohima Medical team. Similarly, Dimapur ‘Observation Centre’ bound passengers will be screened by Dimapur Medical team.

Section- 2: ROAD PASSENGERS ON ARRIVAL
1. Currently the designated Point of Entry/ Inter State Check Point for in-bound travellers by Road are: Dimapur (New Field and Dilai) and Kohima (Khuzama)
2. Passengers entering through Khuzama Inter State Check Point will be escorted to TB&CDH Khuzama.
3. Passengers entering through New Field and Dillai Inter State Check Points will be escorted to Agri Expo site Dimapur.

After segregation, passengers bound for Kohima ‘Observation Centre’ will be transported and upon arrival will be screened by Kohima Medical team. Similarly, Dimapur ‘Observation Centre’ bound passengers will be screened by Dimapur Medical team.

Section-3: EXEMPTION
1. The persons above the age of 60 years, children below age of 10 years and accompanying, pregnant women and accompanying spouses, unless symptomatic, shall be put under home quarantine under active surveillance for 14 days.

Section- 4: PASSENGERS FROM RED DISTRICTS/ZONES ON SCREENING
1. Symptomatic cases will be subject to testing as per ICMR testing criteria.
   a. If tested positive, will be shifted to a COVID Hospital.
   b. If tested negative, passengers will be transported to respective home districts to be kept in facility quarantine with active surveillance till completion of 14 days period.

2. Asymptomatic cases will be transported to the home district to be kept in facility quarantine with active surveillance till completion of the 14 days period. Upon release from facility quarantine they will be further kept in Home Quarantine for another 14 days with passive surveillance.

3. NB: Passengers who are medically unfit for travelling, will be kept at Dimapur/ Kohima facility quarantine or Non-COVID Hospital as the case may be, to complete the 14 days period of quarantine with active surveillance. Upon release from facility quarantine they will be further kept in Home Quarantine for another 14 days with passive surveillance.

Section- 5: PASSENGERS FROM ORANGE/GREEN DISTRICTS/ZONES ON SCREENING
1. Symptomatic cases will be subject to testing as per ICMR testing criteria.
   a. If tested positive, will be shifted to a COVID Hospital.
   b. If tested negative, passengers will be transported to respective home districts for completion of the 14 days period in home quarantine with active surveillance.

2. Asymptomatic cases will be transported to the home district to complete for home quarantine with active surveillance till completion of the 14 days period.
NB: Passengers who are medically unfit for travelling, will be kept at Dimapur/ Kohima facility quarantine or Non-COVID Hospital as the case may be, to complete the 14 days period of quarantine with active surveillance.

CHAPTER: 3

FOLLOW-UP PLAN IN THE EVENT OF SATURATION OF THE EXISTING QUARANTINE FACILITIES

1. When quarantine facility beds are exhausted, some can be sent to their own homes after 5 days of facility quarantine provided that there is provision for a single room with separate toilet at home under strict monitoring. This facility will be checked and verified by the administration or police and an undertaking will be signed.

( DR. VIZOLIE Z. SUOKHRIE )
Principal Director
Directorate of Health and Family Welfare
Nagaland : Kohima
The CMO office shall be responsible for the reporting on a daily basis. The report may be sent in Excel sheet format by email to:

[Email Address]

1. Each screening centre is to send daily report by 6:00 PM, including all reports in case of no arrivals for the particular day of reporting.

2. All fields should be filled up.

NB:

<table>
<thead>
<tr>
<th>Sl. No.</th>
<th>Name</th>
<th>Age</th>
<th>Centre</th>
<th>Date of Reporting</th>
</tr>
</thead>
</table>

**Remarks**
- ncovid-19 app
- Self Declaration
- Sent to: (ncovid-19 app) in favour of Hospital/authority
- `Registerd` Date of Arrival (ncovid-19 app)
- Address
- Phone No.
- Relievee's Phone No.
- Centre of Origin

**Daily Report of Travellers Entering the State – Screening Centre**

Annexure II: Daily Report – Screening Centre
GOVERNMENT OF NAGALAND
HEALTH AND FAMILY WELFARE DEPARTMENT

SELF DECLARATION FORM
(For screening at Railway station / Check gates/ Airport / Designated screening center)

PART A: To be filled by the passenger / with assistance from designated personnel

Name: _______________________________ Age / Sex: _______________________________

Contact Numbers:
1. (Self) _______________________________
2. (Relative) _______________________________
   ➢ nCOVID-19 Nagaland Visitors App: Yes / No
   ➢ Arogya Setu App: Yes / No

Coming from (State / District): _______________________________

Destination Address: _______________________________

Declaration:

I _______________________________ son / daughter / wife of _______________________________ resident of _______________________________ hereby declare that the above mentioned information is true. I shall abide by the instructions given to me and if I violate the quarantine / isolation guidelines, I shall be liable to be punished under the Nagaland Epidemic Disease (COVID-19) Regulations 2020.

Name & Signature of traveler

PART B: To be filled by Designated personnel

SYMPTOM SCREENING (YES/ NO)

<table>
<thead>
<tr>
<th>Symptoms</th>
<th>Yes (Tick)</th>
<th>No (Tick)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thermal scan for fever reads above 100.4 F or 38 Celsius</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cough</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Difficulty in breathing</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sore throat</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cold / runny nose / Nasal congestion</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Chills</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Muscle pain of acute onset</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Loss of taste or smell</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

- There is no need for physical examination unless indicated specifically

Advice:

Facility Quarantine / Home Quarantine / Isolation Ward or COVID Hospital

Name and signature of officer on duty