

GOVERNMENT OF NAGALAND
DIRECTORATE OF HEALTH AND FAMILY WELFARE
NAGALAND : KOHIMA

NO.DHFW/COVID-19/RX/2021 / 7403-05

Dated Kohima, the 20th May 2021

To

The Chief Medical Officers and Medical Superintendents,
All Districts, Nagaland.

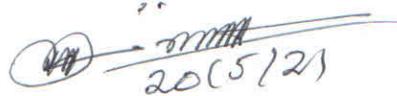
Sub:- (i) Revised Discharge Policy for COVID-19 confirmed cases in Nagaland.
(ii) Guidelines for Home Isolation of Mild/Asymptomatic COVID cases .

Sir/Madam,

In addition to the Management Protocol for Adult COVID-19 patients issued vide file of even number dated 7th May 2021, the CMO's and MS's of all the districts are hereby directed to follow the protocols prepared herein as "Revised Discharge Policy for COVID-19 Confirmed Cases in Nagaland" (**Annexure-I**) and "Guidelines for Home Isolation of Mild/Asymptomatic COVID-19 Cases" (**Annexure-II**) for management of Covid-19 cases.

Enclosed: Annexure-I
Annexure-II

Yours faithfully,


20(5/21)

(DR. NEIKHRIELIE KHIMIAO)

Principal Director

Directorate of Health & Family Welfare

Kohima : Nagaland

Dated Kohima, the May 2021

NO.DHFW/COVID-19/RX/2021

Copy to :-

1. The Sr. PS to the Hon'ble Minister, Health and Family Welfare Nagaland for kind information.
2. The Deputy Commissioner & Chairman DTF of all districts for kind information.
3. Guard file/office copy.


(DR. NEIKHRIELIE KHIMIAO)

Principal Director

Directorate of Health & Family Welfare

Kohima : Nagaland

**GOVERNMENT OF NAGALAND
DIRECTORATE OF HEALTH AND FAMILY WELFARE
NAGALAND : KOHIMA**

REVISED DISCHARGE POLICY FOR COVID-19 CONFIRMED CASES: NAGALAND

In tune with the MoHFW guideline and current transmission-based evidences around COVID-19, the discharge policy is revised with immediate effect.

A. Asymptomatic cases:

1. Have completed 10 days from the day of sample collection.
2. Patient remains asymptomatic.
3. There will be no retest for discharge from home isolation/ facility unless the patient is Immunocompromised.
4. If immunocompromised, the patient will be tested 10 days from the day of first sample collection by RT-PCR/ Truenat/ CABNAAT. If positive, retest can be done after a gap of 3 days.

NB. At any point of time the patient becomes symptomatic, the discharge policy will be as per any category under the symptomatic groups.

B. Mild Symptomatic cases:

1. Have completed 10 days after symptom onset.
2. No fever for the last 3 days.
3. There will be no retest for discharge from home isolation/ facility unless the patient is Immunocompromised.
4. If immunocompromised, the patient will be tested by RT-PCR/ Truenat/ CABNAAT after clinical discharge criteria is met. If positive, retest can be done after a gap of 3 days.

C. Moderate Symptomatic Cases:

1. Have completed 10 days after symptom onset.
2. No fever for the last 3 days.
3. Oxygen saturation is maintained for 3 consecutive days.
4. One negative RT PCR/ Truenat/ CBNAAT, for which sample will be collected when clinical discharge criteria is met. If positive, retest can be done after 3 days.

D. Severe Cases:

1. Resolution of clinical symptoms.
2. One negative RT PCR/ Truenat/ CBNAAT, for which sample will be collected only after clinical recovery.
3. If positive, retest can be done after 3 days.

ADDITIONAL TERMS AND CONDITIONS

1. Depending on bed availability, the COVID-19 facility can discharge clinically stable patients to home isolation/ CCC even without a negative test. Testing can be done at a later period when criteria is fulfilled.
2. After all criteria is met, patients will be provided with a discharge certificate from home/facility by the medical team/ facility. All categories of patients will be discharged to further HOME QUARANTINE of 7 days.
3. Any patient under Asymptomatic/ mild category who is not immunocompromised but insist on a negative test (On demand) will be tested by RTPCR/ Truenat/CBNAAT on payment.
4. Any testing, if desired by this discharge policy will be free in all public facilities.
5. Transportation of patient from home isolation for testing will be self -arranged.
6. There will be no unnecessary retesting of samples beyond this guideline.
7. Severity of symptoms is as per classification by the MoHFW Clinical management protocol.

REVISED DISCHARGE POLICY FOR COVID-19 PATIENTS: NAGALAND (May 2021)

COVID-19 CONFIRMED CASE

ASYMPTOMATIC

1. Have completed 10 days from the day of sample collection
2. Remains asymptomatic

MILD

1. Have completed 10 days after symptom onset.
2. No fever for 3 days

MODERATE

1. Have completed 10 days after symptom onset
2. Oxygen is maintained for 3 days without support

SEVERE

Clinical recovery/
resolution of
symptoms

1. **NO TESTING IS NEEDED** Unless the patient is IMMUNOCOMPROMISED (*HIV, Transplant recipients, malignancy*). 2. For Immunocompromised patients, one negative RT PCR / Truenat/CBNAAT is needed after fulfillment of clinical criteria.

3. If positive, retest can be done after 3 days.

2. Testing on demand will be on payment mode and should not be encouraged.

1. One negative RT PCR / Truenat/CBNAAT test.
2. Testing to be done only after fulfillment of clinical criteria
3. If positive, retest can be done after 3 days

Patient can be discharged to home isolation or CCC even without a negative test if clinically stable. Bed availability should be considered and testing can be done later when full criteria is met.

All Patients will be discharged to HOME QUARANTINE for 7 days

*Transportation for testing of patients under home isolation (if necessary) will be self-arranged

*2nd Retest will not be required if the patient remains asymptomatic for 3 days and will be discharged with clinical correlation.